Nev-R-Dun Farm Cooperative 2023 CSA



The Nev-R-Dun Farm Cooperative 2023 CSA is the 14th year that Nev-R-Dun Farm has partnered with R&R Farm to provide the freshest, most natural products available. Nev-R-Dun Farm is *Certified Organic* by the State of Maryland's Department of Agriculture's Organic Certification Program, as well as the Real Organic Project and provides fresh organic vegetables to the CSA. R&R Farm provides pastured chicken eggs, pork, beef and other meats. The farms lie .7 miles apart and both farms are committed to strict natural, sustainable farming.

Nev-R-Dun Farm was first certified organic in 2001. For over 20 years, the farm's focus has been on growing the most flavorful varieties of a multitude of different vegetables, from 16 varieties of heirloom tomatoes, seasonal greens from kale to salad mix and spinach, and tuber varieties of potatoes, beets and carrots to name a few, herbs, such as basil and parsley, and some fruits, such as strawberries. Our goal is to provide you with a wide variety of day-fresh organic produce that changes with the seasons over the 22 weeks of the CSA.

R&R Farm takes great pride in producing quality pasture, outdoor raised meats (beef, pork, chicken) and free range eggs. (We raise lambs and broilers as well, but do not offer those through the CSA. Please ask about availability at the start of the CSA.) Though the meat and eggs are not certified organic, organic and humane practices are used. We do not use any chemicals, herbicides or pesticides, on our farm. R&R Farm feeds as much organic feed stuffs as possible, but not one-hundred percent. We buy local, non-gmo grains whenever possible. We also feed locally grown and processed feeds that are not organic and those are purchased from a small, family-owned mill in Carroll County.

The Nev-R-Dun Farm Cooperative 2023 CSA will be available in a couple of ways. There will be a Thursday pickup or a Saturday pickup at the Nev-R-Dun Farm on farm market (located at 2439 Hughes Shop Rd, Westminster, MD 21158). There will be other items available for purchase such as organic milk. (Further details below.)

2023 Organic Vegetable/Herb CSA Share



The Nev-R-Dun Farm CSA for 2023 will run for 22 weeks and will be divided into two groups. The A Group will pick up at the farm on Thursdays and the B Group will pick up on Saturdays. Group A's first pick-up will be June 1, 2023 and the last pick-up will be October 26. Group B's first pick-up will be June 3, 2023 and the last pick-up will be October 27. **The pick-up will be at the farm each week: Group A: Thursdays from 2pm until 6pm; Group B: Saturdays from 10am until 2pm**; directions are written below. If a member cannot pick-up on a specified day and would like to make other arrangements, please notify us and we will try to accommodate your situation. My contact information is listed below.

The cost for the 22 week CSA will be \$572, or \$546 if payment in full is received by February 1, 2022. This equates to an average of \$26 per week for the share. For this, the customer will receive a wide variety of certified organic produce from spinach, salad mix, carrots, beets, tomatoes, melons, squash, herbs, peppers, broccoli, onions, potatoes and much more. Each week will be a different combination of vegetables, depending on what is ripe. Some examples of a share could be: in early Spring: salad mix or spinach, sugar snap peas, strawberries, carrots and radishes; in Summer: cherry tomatoes, large slicing heirloom tomatoes, orange or red bell pepper, zucchini, quart of green beans and quart of potatoes; in Fall: salad mix, snow peas, butternut squash, leeks, kale, and broccoli. Some weeks may have more and some less due to uncontrollable and unforeseeable fluctuations in the weather. Some farms require labor as part of the share, but this is not the case for ours.

One further stipulation: The customer is required to pick-up their share each week. If they cannot do so, their share will most likely be fed to our pigs. (Who will appreciate it

greatly!) No reimbursements will be made for missed weeks. Many customers pass their share to friends on the weeks of vacation, who are more than welcome to pick up the share in your place.

*** There will be changes to some pickup and logistics for 2023. **Please read the following** carefully so you understand the changes for this year. Please feel free to contact us for more information. Thank you for your interest. We really appreciate your support!

R&R Farm - 410-259-0112



2023 Egg Share

1 dozen eggs = 1 share

We raise our chickens the way they were meant to be raised: outside in the fresh air and sunshine. The hens spend eight to nine months free ranging, consuming grass and insects. Hens free range from our chicken house or spend the summer in a portable chicken house with temporary fence around them. In the colder months, our chickens are kept in a deep bedded hoop house with a small garden or orchard parcel attached to it. A hoop house is like a greenhouse for chickens. No tiny cages here! Our hens produce tasty eggs that are healthier and higher in vitamins. The yolks are darker and the whites are fluffier. Egg size will range from medium to extra- large, but will average large. Eggs are ungraded, which means we do not measure the air cell inside. This is no real worry to our customers because our eggs are so fresh!

The cost of a full egg share is \$132.00 (one dozen eggs per week). A half-share is also available for \$78 (6 eggs/week). You will receive your egg share each week with your produce share.

2023 Pork Share

R & R Farm's outdoor raised pork is all natural with no growth hormones. Our pigs are raised on organic wooded pastures and are fed an all- natural, hormone and antibiotic free diet. We do not use medicated feed. R & R hogs also eat a lot of acorns, leaves, hay and organic fruit and vegetables from our own operations. Our pigs are raised here and are processed at a USDA inspected facility in Littlestown, Pa. The meat is vacuumed sealed for freshness. Our pigs are so happy and healthy that their tails wag in their sleep!

A Pork share costs \$340.00 and will include an average of 15-18 pounds of pork in each pickup. Your pork share will be ready for pick up in early summer and late summer/early fall with your other CSA shares, for a total of two pickups.

Some of the following cuts will be offered in each share:

Small Breakfast Sausage links	Smoked Bacon		Ground Loose Sausage
Griller Sausage	Pork Chops	Ribs	Roasts

2023 Grass Fed Beef Share

R & R Farm will again have grass fed beef shares available this year. Our cattle graze on chemical free pastures and eat hay. We feed forage pellets and alfalfa pellets when there is not much grass, mostly in winter. Our beef is very lean and tasty! It has the cooking properties of turkey, but tastes like the best beef you have ever eaten. You will not need to ladle a lot of fat out of the pan! We will only offer shares of grass fed beef in the summer this year. Our cattle are raised by us on our farm and are processed at a USDA inspected facility in Littlestown, Pa. The meat is vacuumed sealed for freshness. Each share will include 10 pounds of grass fed ground beef and prime steaks (approx. 2-4). A share costs \$125.00.

***All meat orders need to be received before May 1.

Organic Dairy Products

We will continue to offer organic dairy products in 2023 through our on farm market. Organic milk will be from Trickling Springs out of Chambersburg, Pennsylvania. We will have other dairy items such as heavy cream and half and half available.

Thanks again for your interest in the Nev-R-Dun Farm 2023 CSA. If you have any further questions, please feel free to ask. I can be reached via cell phone: 443-340-7212 or e-mail: tom@nevrdunfarm.com. We also accept credit cards. (There is a 3% processing fee.) Please call for this availability.

Directions to the farm: The farm is located at 2439 Hughes Shop Road, which is about 5 miles northwest of Westminster in Carroll County off of Rte 97 north.

From Westminster, take Rte 97 north toward Littlestown/Gettysburg. After passing Hashawha and the Sports Complex on the right and Westminster National Golf Course on the left, take Stone Road which will be the next left. After Stone Road ascends a hill and descends in an S-turn, after a little over a mile or so, about a hundred yards ahead on the left is Hughes Shop Road. Take Hughes Shop. The farm is the third driveway on the left. There are two greenhouses along the ridge, a white farm house and various farm buildings along with a white barn with green trim and a silo, and the farm market is directly ahead as you enter the driveway and is the yellow building with brown trim. (R&R Farm can be found at 2543 Murkle Rd, which goes off of Stone Rd on the right at the S-turn. R&R Farm is at the corner or Stone Rd and Murkle Rd.)

Please contact for directions from other locales.

Thank you for your consideration,

Tom Reinhardt Jen & Kirk Robertson

Nev-R-Dun Farm R&R Farm

Please print out, complete and return the last two pages along with your check.

Nev-R-Dun Farm

Spring/Summer/Fall CSA 2023

Commitment Form

Name:
Address:
Phone Number:
E-mail:
Preferred pick-up: Group AThursday on farm Group BSaturday on farmEithe
Certified Organic Vegetable/Herb Share: (Cost of share: \$572/ or \$546 if paid in full by February 1, 2023)
Number of shares desired:
Please circle or put an X next to all that apply:
Half Egg Share (\$78.00)
One Egg Share (\$132.00)
Woodland Raised Pork Share (\$340.00)
Summer Share of Pasture Raised, Grass Fed Beef (\$125.00)
Comments/questions: (Please feel free to leave any comments or ask any questions you may have)

A	Amount of Payment included:	(Please make check payable to : Tom	
Reinhard	it)		
Spring/Si "picked-i acceptan	ummer/Fall CSA 2023. These terms, inclup", agreement to the random amount	e with the terms of the Nev-R-Dun Farm luding the forfeiture of any week's share that is n and variety of produce from week to week, as w ange plans and cause occasional crop failure, are	ell as
-			
ı	Please sign your name above	Date	
- !	Please print your name above		

(Please mail completed form to: Tom Reinhardt, 2813 Murkle Road, Westminster, MD 21158)